Wellbeing Assessment (0-3's and SEND)

Assessment to be made following observations and discussions with the family. A child is:

- Settled or requires support to settle

Indicators of a settled child	***Indicators of an unsettled child***
• Able to express emotions (happy/sad/anger/fear) through gesture, facial expressions and/or verbal comment. • Soothed when comforted by an adult or resource. This may include a comforter that is brought from home eg: a blanket or dummy • May share emotions with an adult through gesture, facial expression or verbal comment. • Dysregulated behaviours decrease with adult support to co-regulate. Examples include: tolerating a cuddle, gentle rocking, singing or humming and/or sharing a space. • Notices things within the environment and shows an interest in exploring. • Seeks and tolerates an increasing range of familiar and some less familiar experiences. • Confident to accept or reject an activity offered by an adult.	• Limited emotional responses (facial expression, gesture, touch, vocal sounds or words) observed. • Does not seek an adult to share their emotion, will stand a cry or show signs of frustration while remaining on their own. • Rejects an adult giving support when dysregulated. The child may walk away, push the adult away or show limited awareness of the adult being with them. • Shows a limited awareness of the environment and doesn't readily explore more familiar activities. • Appears passive, will stand a watch with limited visible engagement.