

LEARNING THROUGH NATURE

Activity: Working with ropes Area: With trees Season: Any
Learning Objectives: MD CL&L PD CD K&UW PSED PD - confidence, balance, moving around, trails, obstacles along ropes etc. CL & L - use of language for instructions to follow ropes
Key Words: Balance, hold, slow, swing, help, up, under, across, through
Resources: 1. Trees 2. Ropes 3. Instruction sheets
Activity details: 1. Follow instructions and set up rope activities 2. Encourage children to explore rope trails using their hands/feet etc. Encourage them to risk assess as they go and ask for help when needed. 3. As an extension divide children into pairs to work on ropes together, supporting each other and negotiating routes.
Assessment opportunities: PD - confidence, balance, general physical ability on ropes. CL & L - use of language, extent of vocabulary in positional language. Ability to follow instructions