



Mrs Katarina Bingham
Head of Centre

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Dear Parent/Carer

We would like to thank all of our families for their kind words and understanding during this uncertain time.

We understand that the current situation is causing worry and anxiousness for lots of families who are thinking how this may affect them physically, emotionally and financially.

For those of you already self-isolating or choosing social distancing, we realise the impact that this may have on your wellbeing. Please read the attached information to give ideas of how to manage during this time.

If you would like a listening ear, need any support or need signposting to any services please speak to Helen Walsh 07749487092 or Katarina Bingham 07717838010 or email hwalsh@norcot.reading.sch.uk or head@norcot.reading.sch.uk.

Below is a list of contacts that families may find useful:

NHS: 111 – call for medical advice

Family Information Service: 0118 9373777 - advice and guidance available for any family matter or for any family member taking care of children 0-19 years of age (up to 25 years for SEN)

Berkshire Womens Aid: 0118 9504003 – confidential advice for men and women affected by domestic abuse.

Children's Single Point of Access: 0118 9373641 – to raise concerns about the safeguarding of a child, early help and children's social care.

Samaritans: 116 123 – provide emotional support for anyone struggling to cope or at risk of suicide

No5: 0118 9015668 – emotional support for 11-25 year olds

NHS: www.nhs.uk – range of information and advice such as talking therapies, symptom checker

Childline: 0800 111 – help and advice on a range of subjects

We will ensure that the children's learning continues throughout the period if the Centre is closed or for those that are already self-isolating. Within the Centre we are currently focussing on increasing our performance data within Maths, so please find attached learning opportunities that you can do at home with your child.

As from Monday we will be emailing weekly learning activities and opportunities that you can do with your children at home. We will upload a video of a member of staff singing Easter songs for children to practice. We are hoping to upload staff reading a book for children to enjoy as well.

We appreciate that some families may struggle with resources. If you do not have access to paper, crayons, books etc. then please speak to Katarina or Helen who can help you with this.

Yours sincerely



Katarina Bingham
Head of Centre