



Mrs Katarina Bingham
Head of Centre

82 Lyndhurst Road
Reading RG30 6UB
Nursery: 0118 937 5577
Fax: 0118 937 5679

Website:
www.norcotearlyyearscentre.co.uk
Email: admin@norcot.reading.sch.uk

Dear Parents/ Carers/ Staff

POSITIVE CASE IN A CHILD

We have been made aware that a child at our Centre has tested positive for COVID-19. The child attends the nursery school but has not been in since 14th January 2021. Our thoughts are with him and we wish him and his family a speedy recovery.

The child was not in the Centre for the past 48 hours; therefore, he has NOT BEEN IN CLOSE CONTACT with any children or staff across the Centre.

I am very grateful to all the parents/carers for not sending their child into the Centre when they show any signs of Covid-19 and for booking a test.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child.

The nursery remains open and your child should continue to attend as normal if they remain well.

As the new variant of Covid-19 spreads more easily, please take extra caution with wearing facemasks, handwashing, sanitizing and social distancing. Please do be extra careful about coming into the Centre if you or a member of your family feel unwell. If you are unsure, please call us. Whilst it is our responsibility to keep the Centre safely open, it is crucial that the whole community follows all necessary guidelines.

What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they must not come to the Centre and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home, and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

People with symptoms have had a wide range of symptoms reported- ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19

- a new continuous cough
- a high temperature- fever, chills
- a loss of, or change in, your normal sense of taste or smell (anosmia)
- Shortness of breath or difficulties breathing
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or vomiting (especially in children)
- Diarrhoea (especially in children)

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitizer gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

k. Bingham

Mrs Katarina Bingham
Head of Centre